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SOCIAL MEDIA



chiquebeauty



chique skin & beauty

CHIQUÉ
Aesthetics

SKIN

TREATMENTS

Services

SKIN TREATMENTS

facials :

Deep cleanse	60 min	R500
anti aging	60 min	R500
hydrating & calming	60 min	R500

ADD ONS :

lash brow tint & wax	R110
Hydra mask	R100
radio frequency	R300
photon light therapy	

lamelle
Research Laboratories

lamelle
Research Laboratories

Chemical peels :

price available after consultation to determine a personalised treatment suited for your skin

Microneedling :

NOVA by Lamelle

Face	60min	R980
face & neck.	60min	R1200
face neck & V chest	60 min	R1350

Add on :

Active ampoule	R120
Retinol	R150
Needling on hands	R250





WHAT TO EXPECT AFTER YOUR SKIN TREATMENT

lamelle
Research Laboratories

The Science of Skin

CHIQUÉ AESTHETICS
INFO



DEEP CLEANSE FACIAL

After a deep cleanse facial, you can expect several outcomes, both immediate and short-term. Here's what to anticipate:

1. **Clean and Fresh Skin**: Your skin will feel thoroughly cleansed, removing dirt, oil, and impurities that can clog pores.
2. **Possible Redness**: It's common to experience some redness, especially if extractions were performed. This usually subsides within a few hours.
3. **Hydration**: Many deep cleansing facials include hydrating products, so your skin may feel supple and moisturized.
4. **Purging**: If your facial involved extractions or strong exfoliation, you might notice some breakouts a few days later as impurities are pushed to the surface.
5. **Improved Texture**: Your skin may feel smoother and look more radiant due to the removal of dead skin cells and buildup.
6. **Tightened Pores**: After a thorough cleansing, your pores may appear smaller and less noticeable.
7. **Relaxation**: The process itself can be very soothing, leaving you feeling relaxed and rejuvenated.
8. **Aftercare Recommendations**: Your esthetician may provide guidance on skincare products or routines to maintain your results, so be sure to follow their advice.
9. **Long-Term Benefits**: Regular deep cleansing facials can help prevent acne, control oil production, and improve overall skin health.

Overall, while some temporary effects like redness or purging may occur, the long-term benefits of a deep cleanse facial can lead to clearer, healthier skin.



PEELS

After a skin peel, you can anticipate several effects, which can vary based on the type and depth of the peel (light, medium, or deep). Here's what to expect:

1. **Initial Redness**: Your skin may appear red and inflamed right after the peel, similar to a mild sunburn. This is a normal response and usually subsides within a few hours to a couple of days.
2. **Peeling and Flaking**: As the skin begins to heal, you will likely experience peeling and flaking. This can start a few days post-peel and may last several days to a week, depending on the peel's depth.
3. **Dryness and Tightness**: Your skin may feel dry and tight as it heals. It's essential to keep it moisturized with gentle, hydrating products.
4. **Sensitivity**: Post-peel, your skin may be more sensitive to sunlight, products, and environmental factors. Using sunscreen and avoiding harsh ingredients is crucial during this time.
5. **Improved Texture and Tone**: Once the peeling has subsided, you should notice smoother skin texture, reduced fine lines, and a more even skin tone.
6. **Breakouts**: Some individuals may experience breakouts as impurities come to the surface. This is usually temporary.
7. **Follow-Up Care**: Your skincare professional will likely provide aftercare instructions, including which products to avoid and how to best care for your skin during the healing process.
8. **Long-Term Benefits**: Over time, skin peels can lead to improved skin clarity, reduced pigmentation, and enhanced overall appearance, especially with regular treatments.

Always follow the advice of your skincare provider regarding post-peel care to ensure the best results and minimize any complications.

VERY IMPORTANT!!

**AFTER ANY SKIN PEEL
OR MICRONEEDLING
TREATMENT.**

**YOUR SPECIALIST
WILL ADVISE YOU TO
PURCHASE A HOME
TREATMENT!**

**THIS IS VERY ADVISED
FOR (YOUR) HEALING
REMEMBER WE ARE
WORKING WITH
STRONG MEDICAL
GRADE PRODUCTS
THIS WILL BE YOUR
“MEDICINE”
TO GET THE BEST
RESULTS!!!**

THE PRODUCT!



R250

Restorative Balm is a groundbreaking solution designed to enhance the healing process of various aesthetic treatments. When having peels, lasers, skin-needling, or microdermabrasion, you can experience treatments that purposely induce controlled skin damage, setting off a rejuvenating process. Recognizing the importance of this healing aspect, this is a proper "bandage in a bottle."

This is a 50 ML product that will last you at least a YEAR

AFTER MICRO NEEDLING

After microneedling, you can expect a range of effects as your skin begins to heal. Here's what to anticipate:

1. **Redness and Swelling**: Immediately after the procedure, your skin may appear red and slightly swollen, similar to a mild sunburn. This is normal and typically subsides within a few hours to a couple of days.
2. **Sensitivity**: Your skin may feel sensitive or tender for a few days post-treatment. It's important to avoid harsh products during this time.
3. **Mild Discomfort**: Some individuals may experience a slight tingling or burning sensation, but this should diminish as the skin heals.
4. **Dryness and Flaking**: As your skin heals, you might notice some dryness or flaking. Keeping your skin well-moisturized can help alleviate this.
5. **Improved Texture**: After the initial redness and swelling subside, you may notice smoother skin texture and improved tone. Results typically improve over the following weeks as collagen production increases.
6. **Potential Breakouts**: Some individuals may experience minor breakouts as the skin purges impurities, but this is usually temporary.
7. **Sun Sensitivity**: Your skin may be more sensitive to sunlight post-treatment, so it's crucial to use sunscreen and avoid direct sun exposure.
8. **Follow-Up Care**: Your practitioner will likely provide specific aftercare instructions, such as avoiding certain products (like retinoids or exfoliants) and recommending gentle skincare.
9. **Long-Term Benefits**: Over time, microneedling can lead to improved skin elasticity, reduced fine lines and wrinkles, diminished scars, and an overall healthier appearance.

Overall, while the initial recovery may involve some redness and sensitivity, the long-term benefits of microneedling can be significant. Following aftercare instructions is essential for optimal results.



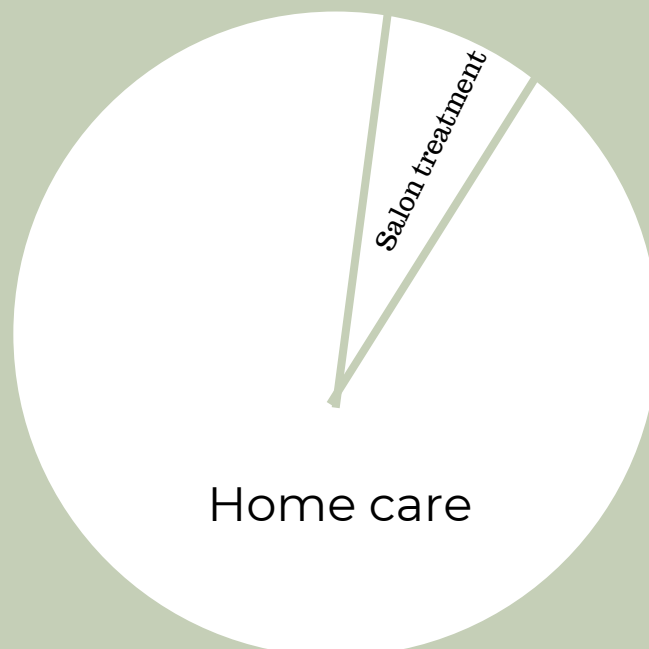
Very important!



AFTER YOUR TREATMENT IN THE SALON

We all know our in salon treatments is very advanced and a must in any skin condition.

we will always advise to use the RIGHT home products as your in salon treatment is only 20 % of your skin health journey the rest is up to you and your products at home. Your products is a make or break deal when it comes to skin health. We can do the best facial in the world but if you dont use the correct after care nothing will work.



How often should you get a facial?

THE FREQUENCY OF FACIALS CAN VARY BASED ON INDIVIDUAL SKIN TYPES, CONCERNS, AND GOALS, BUT HERE ARE SOME GENERAL GUIDELINES TO CONSIDER:

- 1. **NORMAL SKIN**:** IF YOUR SKIN IS GENERALLY HEALTHY AND BALANCED, GETTING A FACIAL EVERY 4 TO 6 WEEKS CAN HELP MAINTAIN YOUR SKIN'S HEALTH AND APPEARANCE.
- 2. **OILY OR ACNE-PRONE SKIN**:** FOR THOSE WITH OILY OR ACNE-PRONE SKIN, MORE FREQUENT TREATMENTS, SUCH AS EVERY 3 TO 4 WEEKS, MAY BE BENEFICIAL TO HELP MANAGE BREAKOUTS AND CONTROL OIL PRODUCTION.
- 3. **DRY OR SENSITIVE SKIN**:** INDIVIDUALS WITH DRY OR SENSITIVE SKIN MAY OPT FOR FACIALS EVERY 4 TO 6 WEEKS, FOCUSING ON HYDRATION AND GENTLE TREATMENTS THAT SOOTHE THE SKIN.
- 4. **ANTI-AGING TREATMENTS**:** IF YOU'RE TARGETING SIGNS OF AGING, MONTHLY FACIALS CAN BE EFFECTIVE, ESPECIALLY THOSE THAT INCLUDE EXFOLIATION AND COLLAGEN-BOOSTING TREATMENTS.
- 5. **SPECIAL EVENTS**:** IF YOU HAVE A SPECIAL OCCASION, CONSIDER SCHEDULING A FACIAL 1 TO 2 WEEKS PRIOR TO ALLOW YOUR SKIN TO RECOVER AND ACHIEVE A FRESH, RADIANT LOOK.
- 6. **CONSULTATION WITH A PROFESSIONAL**:** IT'S ALWAYS A GOOD IDEA TO CONSULT WITH A LICENSED ESTHETICIAN OR DERMATOLOGIST. THEY CAN ASSESS YOUR SKIN'S NEEDS AND RECOMMEND A PERSONALIZED FACIAL ROUTINE BASED ON YOUR SPECIFIC CONCERNS.

ULTIMATELY, LISTEN TO YOUR SKIN AND ADJUST THE FREQUENCY AS NEEDED. REGULAR FACIALS CAN CONTRIBUTE TO HEALTHIER SKIN, BUT OVERDOING IT MAY CAUSE IRRITATION. BALANCING TREATMENTS WITH A GOOD HOME SKINCARE REGIMEN IS KEY.